

The Bread of Life

Open The Conversation: Share your favorite memory from the summer!

Key Scripture: Read the following together.

26 Jesus answered them and said, "Most assuredly, I say to you, you seek Me, not because you saw the signs, but because you ate of the loaves and were filled. 27 Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you, because God the Father has set His seal on Him."

John 6:26-27

1. What does this scripture tell me about me?
2. What does this scripture tell me about God?

Start Sharing: Choose one question to start the conversation, move onto others if time allows.

- What are you currently "feeding on" that gives you temporary satisfaction but ultimately leaves you hungry again? What does that pattern reveal about what you're looking to for fulfillment?
- If Jesus stopped giving you the things you're asking Him for, would you still want Him? What does your prayer life and pursuit of Jesus reveal about whether you want Him or primarily what He can do for you?
- What would it look like for you to "come and eat" this week—to actually trust Jesus and make Him your daily source of life and satisfaction? Is there one specific practice, habit, or surrender He may be inviting you into?
- Why do you think we so easily settle for things that satisfy temporarily when we were designed to hunger for God Himself? What are some common "not-breads" people tend to chase today?
- The crowd followed Jesus because they had been fed, but many walked away when He offered Himself instead. What do you think is the difference between wanting what Jesus gives and wanting Jesus Himself? How can we recognize that difference in our own lives?
- Peter says, "Lord, to whom shall we go?" What does that statement look like practically in everyday life? How can we cultivate the kind of faith that keeps coming back to Jesus—even when He isn't giving us the outcome we hoped for?

Start Praying: Pray together and for one another.

"Jesus we hunger for You! Give us eyes to see what we are feasting on that's not You. Give us a deep hunger for You alone. Amen."